



# Term 3 2024 Cafeteria Menu



## DAILY BREAKFAST (7.45 AM—8.25 AM)

Raisin Toast or Toast + jam, honey or vegemite	\$2.30
Hot Chocolate, Milo or Tea	\$2.20

## DAILY RECESS SELECTION

### Available Daily

Cheesie (V)	\$3.00
Muffins(V)	\$2.30
Chia Pudding with Fruit (DF, GF)	\$4.60
Bircher muesli with fruit (DF, GF)	\$4.60
Apple Crumble & Custard	\$4.60
Apple Yoghurt, Muesli and Fruit tub	\$4.60
Fruit (Seasonal)	\$0.70
Vegemite Roll	\$1.80
1/2 Vegemite Roll	\$1.10
Buttered Roll	\$1.60
1/2 Buttered Roll	\$1.00
Gluten Free Brownie	\$3.00
Daily cake slice	\$3.00

### Monday

Yummy Drummy	\$4.40
Spring Rolls x 3 (V)	\$3.30
Pizza Cheesie	\$3.60

### Tuesday

Party Pies x2	\$3.30
Croissants	\$3.00
- Jam & Butter	
- Ham & Cheese	\$4.40
- Cheese & Tomato	\$4.40

### Wednesday

Chicken Nuggets x 3 (GF)	\$3.00
Pizza Jaffles (Assorted)	\$4.50
Mini BLT Burger	\$3.60

### Thursday

Chicken strips + hash brown	\$3.00
Toast Sandwiches—Various	\$4.40
Pizza Cheesie	\$3.60

### Friday

Yummy Drummy	\$4.40
Hash brown X2 (V)	\$2.90

## LUNCH SELECTION

<b>Turkish Bread</b>	\$6.70
Ham, Beef, Chicken or Roast Pumpkin	
<b>Assorted Ciabatta</b>	
<b>Whole/Half</b>	\$6.00/\$3.20

### Monday

Salad Plate	\$6.00
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### Tuesday

Sushi Bowls	\$6.00
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### Wednesday

Burrito Bowl	\$6.00
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### Thursday

Wraps	\$6.00
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### Friday

Winter Salad	\$6.00
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*Gluten Free bread or wrap \$1.00 extra*

Extra Protein, cheese or avocado	\$1.00
Beetroot	\$0.50
Tomato Sauce/Salad Dressing	\$0.50

**Chicken, Ham, Beef, Tuna, Curried Egg + Lettuce**

## HOT FOOD DAILY

### Monday

Sausage Roll	\$4.60
Hot Dog	\$4.80
Fried Rice (V) (GF)	\$5.40

### Tuesday

Burger	\$6.00
Pie	\$4.60
BCC Nacho's (V) (GF)	\$5.60

### Wednesday

Sausage Roll	\$4.60
Meat ball subs	\$5.60
Spaghetti Bolognaise	\$5.70
Spinach & Ricotta Roll	\$4.60

### Thursday

Pie	\$4.60
Hot Beef/Pork gravy Roll	\$6.00
Rice Noodles (V) (GF)	\$5.40
Wedges & Gravy	\$4.60

### Friday

Fish & Wedges	\$5.50
Pizza Slice Meat Lover/Margarita	\$4.40
Mac and Cheese (V)	\$5.60
Curry of the Day	\$5.60

## Snacks

Anzac Biscuits	\$1.20
Milo Bar	\$2.00
Rice Snacks	\$2.10
Vegie Chips	\$2.10
Grain Wave Chips	\$2.10
Popcorn	\$2.10
Bucket Light	\$2.50
Zooper Dooper	\$1.50
Twisted Frozen Yoghurt	\$3.00
Moosies	\$2.50
Raspberry/ Lemonade Ice	\$2.00

## Healthy Food & Drink Choices in Schools

Our Canteen has made the necessary changes to its menu to meet with the Healthy Food and Drinks in Schools guidelines.

## DRINKS

### Available All Day

Up & Go	\$3.00
Plain Milk (Small)	\$2.20
Flavoured (Small)	\$3.30
Flavoured (Large)	\$4.40
Harvey Fresh Juice 250ml	\$2.30
Harvey Fresh Juice 450ml	\$3.80
Spring Water	\$2.00
Sparkling water (375ml can)	\$2.50
Waterford sparkling (475ml)	\$4.00
Juice bomb	\$3.00
Yoghurt	\$2.90
Yogo (Chocolate)	\$2.90